



ACAI BOWLS

Beach Bowl \$12.99

Banana, Strawberry, Granola,
Coconut Shavings, Drizzled with Nutella.

Breezy Bowl \$12.99

Strawberry, Blueberry, Granola,
Coconut Shavings, Drizzled with Honey.

Banana Split \$12.99

Banana, Granola, Honey & Peach.



ICED COFFEE

Small (16 oz) \$2.99
Medium (24 oz) \$3.75
Large (32 oz) \$4.99



COFFEE

100% Colombian Coffee, Decaf,
Cappuccino, Hot Chocolate,
& French Vanilla

Small (10 oz) \$1.85
Medium (16 oz) \$2.49
Large (20 oz) \$2.99



TEA FLAVORS

LIPTON BLACK TEA
LIPTON DECAF BLACK TEA
PEPPERMINT TEA
LEMON ZINGER TEA

CINNAMON APPLE TEA
CHAMOMILE TEA
GREEN TEA
HONEY GINGER TEA

Small (10 oz) \$1.85
Medium (16 oz) \$2.49
Large (20 oz) \$2.99



PICKLES & PIES SIGNATURE SANDWICHES

Roll, Ciabatta, Slice White or Whole Wheat, Rye, & Wraps **\$10.99**

Hero White & Whole Wheat **\$12.99**

Additional **\$2** Sandwiches with Beef Bacon

Meatball Parmigiana

The Leanest Chopped Sirloin with Melted Mozzarella & Marinara Sauce.

Philly Cheese Steak

Sliced Steak with Sautéed Onions, Green and Red Peppers & American Cheese on Toasted Garlic Bread.

Steak Tidbit

Delicious Sirloin Steak Sliced with Melted Mozzarella Cheese, Served on Toasted Garlic Bread.

Country Style Roast Beef

Thinly Sliced Roast Beef with Sautéed Onions & Gravy on Toasted Garlic Bread.



The Bully

Hot Roast Beef and Melted Swiss Served on Toasted Garlic Bread.

Chopped Cheese

Chopped & Seasoned Ground Beef, with Melted American Cheese, Lettuce, Tomato & Mayo.

The Reuben

Hot Pastrami or Corned Beef w/ Melted Swiss and Sauerkraut with Mustard or Russian Dressing.

Down South

Grilled Marinated Chicken Breast Served with Peppers, Onions & Mushrooms on Toasted Garlic Bread.

Chicken Creation

Grilled Chicken Breast with Mozzarella Cheese & Sautéed Onions on Toasted Garlic Bread.

Chicken Cutlet Parmigiana

Breaded Chicken Breast Covered with Mozzarella & Marinara sauce.

Chicken Philly Steak

Sliced Chicken with Sautéed Onion, Green & Red Peppers & American Cheese on Toasted Garlic Bread

Chicken Quesadilla Grilled Chicken, Grilled Peppers, Grilled Onions, Cheddar Cheese, Mozzarella Cheese, Salsa and Comes with a side of sour cream and homemade salad. **\$13**

Steak Quesadilla Grilled Steak, Grilled Peppers, Grilled Onions, Cheddar Cheese, Mozzarella Cheese, Salsa and Comes with a side of sour cream and homemade salad. **\$13**



PICKLES & PIES ORIGINALS

Roll, Ciabatta, Slice White or

Whole Wheat, Rye, & Wraps **\$12.99** Hero White & Whole Wheat **\$14.99**

Pickle's Supreme

Grilled Chicken, Beef Bacon, Fresh Mozzarella, Tomato & Pesto Sauce on Toasted Garlic Bread.

The Godfather

Ham, Salami, Pepperoni & Provolone Cheese with Lettuce, Tomato, Roasted Peppers, Oil & Vinegar.

The Proud American Turkey, Turkey Ham, Roast Beef & American Cheese with Lettuce & Tomato, your Choice of Mayo or Mustard.

The Boardwalk Hot Turkey with Melted Swiss, Sautéed Onions, Sizzling Beef Bacon & Thousand Island Dressing.

The Grinder Breaded Chicken Cutlet, Beef Bacon, Cheddar Cheese, Avocado, Lettuce & Russian Dressing.

The Mexican Grilled Chicken Breast, Melted Cheddar, Lettuce, Tomato & Beef Bacon with BBQ sauce.

Rockaway Chicken Club Grilled Chicken Breast with Swiss Cheese, Sizzling Beef Bacon, Lettuce, Tomatoes, Mayo served on a Toasted Garlic Bread.

VEGGIE CLASSICS

Roll, Ciabatta, Slice White or Whole Wheat, Rye, & Wraps **\$7.99**

Hero White & Whole Wheat **\$9.99**

Additional **\$2** for Avocado

Summer Classic

Hummus, Crumbled Feta Cheese, Cucumber, Roasted Peppers, Onion, Lettuce, Tomato & Olive Oil.

Eggplant Parm

Egg Plant Cutlet, Melted Fresh Mozzarella, with Marinara Sauce on Toasted Garlic Bread.

Tuscan

Fresh Mozzarella, Cherry Tomatoes, Spinach, Mushrooms & Tzatziki Sauce.

Sammy's

Hummus, Black Olives, Pickles, Red Onions, Avocado & Extra Virgin Olive Oil.

The Vegetarian

Mushrooms, Mozzarella Cheese, Roasted Peppers, Romaine Lettuce, Tomatoes Dressed with Balsamic.



VEGAN CORNER

Beyond Cheese Burger \$11.99

Seasoned & Grilled Beyond Meat Patty, topped with Vegan Cheese, Lettuce, Tomatoes, Red Onions, Pickles, Vegan Mayo & Ketchup on a Toasted Bun.

Beyond Chopped Cheese

Roll \$11.99 Hero \$14.99

Seasoned Grilled & Chopped Beyond Meat, Grilled Peppers & Onions, Melted Vegan Cheese, Lettuce, Tomatoes, Vegan Mayo on your choice of bread.

FRESH HOMEMADE ½ LB ANGUS BEEF BURGERS

All Burgers come with Lettuce, Tomato, Onions, Pickles, Mayo, Ketchup & American Cheese.

Cheeseburger \$9.99

Bacon Cheeseburger \$11.99

Double Cheeseburger \$13.99

Cheeseburger Deluxe with Fries \$12.99

Turkey Burger \$8.99

Veggie Burger \$8.99

Salmon Burger \$8.99

House Burger \$9.99



Angus Beef Patty with Sautéed Mushrooms and Onions and Melted Swiss Cheese served on a Bun.

APPETIZERS

Mozzarella Sticks \$7.99

French Fries \$4.99

Onion Rings \$4.99

Cheese Fries \$5.99



Loaded Cheese Fries \$10.99

Cheese Cajun or Regular Fries Loaded with Ground Beef, Jalapeño, Grilled Onions, Drizzled with your Choice of Sauce.

Cajun Fries \$4.99

Chicken Fingers \$7.99

Chicken Fingers + Fries \$10.99

5 Pcs Buffalo Wings with Fries \$10.99

Buffalo Wings (lb) \$10.99





MEDITERRANEAN FAVORITES

- **Lamb Gyro / Over Rice**
- **Falafel Gyro / Over Rice**
- **Chicken Gyro / Over Rice**
- **Fish Gyro / Over Rice**

SM Platter \$11.99 | LG Platter \$14.99

GYRO \$10.99



PANINIS

Tuna Melt \$11.99

Homemade Tuna Salad, Cheddar Cheese & Tomatoes

Tuscan Panini \$11.99

Fresh Mozzarella, Spinach, Tomato, Fresh Basil, Olive Oil & Roasted Peppers.

Chicken Fajita \$11.99

Grilled Chicken Breast, Pepper Jack & Cheddar Cheese, dressed with Peppers Onions & Salsa.

Chicken Pesto \$11.99

Grilled Chicken Breast, Roasted Peppers, Fresh Mozzarella Cheese & Home Made Pesto Sauce.

House Panini \$11.99

Chipotle Chicken, Provolone Cheese, Spinach, Roasted Peppers, Avocado & Chipotle Mayo.

Chicken Parm \$11.99

Breaded Chicken Cutlet, Fresh Mozzarella, Parmesan Cheese & Marinara Sauce.

Italian \$12.99

Ham, Salami, Pepperoni , Provolone, Lettuce, Tomato, Roasted Peppers, Olive Oil & Vinegar.



FROM STEAM TABLE

(Monday through Friday 10:00 am to 3:00 pm.)



CHECK OUR OPTIONS INCLUDING

**Baked Salmon, Baked Chicken, Beef Stew, Pepper Steak, Beans
& Spanish Rice Fish Franchise, Chicken Franchise
& Many More**



CREATE YOUR OWN SALAD

1 GREEN & 4 TOPPINGS \$8.99

Mix Greens: Iceberg Lettuce, Romaine Lettuce, Baby Spinach, Arugula

CHOISE OF 4 TOPPING, 1\$ EACH ADDITIONAL

Chickpeas
Green Olives, Black Olives
Carrots, Red Onions
Cherry Tomato, Baby
Cucumber, Tomatoes,
Beets, Jalapeño, Green
Peppers, Red Peppers,
Red Kidney Beans Dry
Cranberries, Walnuts Cashews,
Cheddar Cheese Mozzarella,
Feta Cheese

DRESSINGS

Blue Cheese, Ranch
Frech, Italian Balsamic
Vinegar Caesar
Balsamic Vinaigrette
Olive Oil, Vinegar

ADD ON

Hard Boiled Egg
\$1.00

Grilled, Or Fried
Chicken, Tuna Salad,
Chicken Salad, Fried
Fish. \$5

Avocado \$2.00



GREEN SALADS

Your Choice Of Dressings:

Thousand Island, Russian, Ranch, Balsamic Vinegar, Caesar, Italian,
French & Blue Cheese

Tossed Salad \$5.99

Iceberg Lettuce, Tomatoes, Onions & Cucumber with your choice of Dressing.

Caesar Salad. \$5.99

Romaine Lettuce, Parmesan Cheese & Croutons Smothered with Caesar Dressing.

Baby Spinach Salad \$5.99

Mixed Green Salad \$5.99

Chef Salad \$12.99

Ham, Turkey, Roast Beef, American Cheese and Swiss Cheese

Add Grilled Chicken, Grilled Fried Fish or Anything on Menu \$6.00



FRESHLY MADE JUICES

Apple Juice

Small 16 oz

\$7.99

Carrot Juice

Medium 24 oz

Orange Juice

\$9.99



Immune Booster

Pineapple, Lemon, Turmeric & Ginger.

Fresh Start

Grapefruit, Kale, Lemon, Celery & Cayenne.

Citrus Blend

Orange, Grapefruit & Lemon.

Green Revive

Spinach, Kale, Celery, Ginger & Cucumber.

Yogi

Spinach, Romaine, Swiss Chard, Cucumber & Lemon.

Power Detox

Celery, Ginger, Kale, Turmeric, Cucumber & Lemon.

Inferno

Kale, Ginger, Celery, Green Apple & Cucumber.

Vitamin A,B,C,

Apples, Beets, & Carrots.

**Make your
own
juice with
4 items**

PROTEIN SHAKES

Choice Of Almond, Oat, **Small 16 oz \$9.99**

Coconut Or Whole Milk **Large 24 oz \$10.99**

Pina Colada

Blueberry, Pineapple, Coconut Milk & Protein.

Energizer

Spinach, Banana, Maca Powder, Almond Milk & Peanut Butter.

Power Up

Strawberry, Banana, Mango, Kale, Almond Milk & Protein.

Red Machine

Beets, Strawberry, Pineapple, Almond Milk & Chia Seeds.

Jet Pack

Banana, Oats, Mixed Nuts, Almond Milk,
Peanut Butter & Protein.

Slim -n- Trim

Blueberry, Apple, Spinach, Fat Burner & Skim Milk.

(ADDS ONS +\$ 2.00)

Whey Protein: (CHOCOLATE, VANILLA OR STRAWBERRY) Soy Protein,
Fat Burner, Spirulina Chia Seeds, Flax Seeds, Peanut Butter, Mixed Nuts





BREAKFAST CLASSICS

Egg on a Roll \$3.50

Egg & Cheese \$4.50

Egg, Cheese & Meat \$5.50

Bacon & Egg \$5.00

**Bacon, Lettuce, Tomato &
Mayo \$6.99**

Grilled Cheese \$4.99

Grilled 4 Cheese \$6.99

Swiss, Cheddar, Provolone & Muenster Cheese.

Grill Power \$6.99

Grilled Mozzarella, Tomatoes, Hash Brown & Pesto Sauce.

It's Lit \$9.99

Grilled Pepper Jack, Cheddar, Bacon, Tomato & Avocado.



On White | Wheat | Rye Bread

Add an additional 50¢ for Bagels,

\$3 for Hash Brown, \$5 for Home Fries



AVOCADO TOAST

Served on a Ciabatta Bread,
comes with Pico De Gallo & Olive Oil

Pickles & Pies Way \$7.99

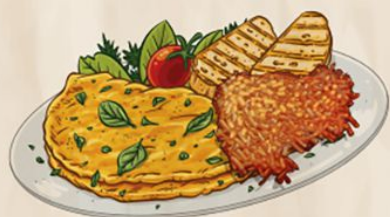
Smashed Avocado, Tomatoes,
Chili Flakes & Drizzled Balsamic
Glaze.

Sunny \$7.99

Smashed Avocado, Sunny Side
Egg & Crumbled Feta.

Salmon Plus \$12.99

Smashed Avocado, Smoked
Salmon, Onions & Capers.



TROPICAL SMOOTHIES

Small 16 oz \$7.99

Large 24 oz \$9.99

Berry Blast

Strawberry, Banana, Blueberry &
Almond Milk.

Kale Twist

Kale, Banana, Pineapple, Coconut Milk,
Apple Juice & Honey.

Peachy Paradise

Peach, Banana, Mango & Orange Juice.

Mango Madness

Mango, Pineapple & Banana & Orange
Juice.

Tropical Sunshine

Mango, Blueberry, Pineapple &
Coconut Milk.

MAKE YOUR OWN SMOOTHIE
with 3 FRUITS or VEGGIES any MILK
(Regular, Almond, Coconut & Oat)



BREAKFAST QUICK

Bagels \$1.00

Plain, Everything, Sesame, Cinnamon, Raisin, Poppy Seed, Onion & Whole Wheat.

Muffins \$2.75

Corn, Blueberry, Raisin Bran, Banana Nuts, Pistachio, Chocolate Chip.

Pastries \$2.75

Cheese Danish, Apple Turnover, Apple Fritter, Croissant, Almond Croissant & Donuts.



BAGEL CORNER

JELLY, HONEY, OR BANANA ADD 50¢

Butter \$2.75

Cream Cheese \$2.99

Flavored Cream Cheese \$3.75

Scallion, Strawberry, Jalapeño & Vegetable

Nutella \$4.50

Peanut Butter \$2.99



BREAKFAST WRAPS

Eden Breakfast \$8.99

Eggs, Turkey, Cheddar, Peppers, Onions, & Hash Brown.

Santa Fe \$8.99

Eggs, Sausage, Swiss, Fried Onions, Avocado & Mayo.

Rush Hour \$6.99

Eggs, Mozzarella, Mushrooms, & Tomatoes.

Yankee \$8.99

Eggs, Spinach, Turkey & Avocado.

Breakfast Burrito \$8.99

Eggs, Bacon, Pepper Jack, Beans & Rice.

South Beach \$8.99

Egg Whites, Turkey Bacon, Mozzarella, Avocado & Mixed Greens.

Hungry Man \$10.99

Eggs, Ham, Beef Bacon, Sausage & American Cheese.





GRILLED ORIGINALS

Stack Of 3 Buttermilk Pancakes \$6.99

Wild Pancakes \$8.99

Buttermilk Pancakes Loaded with your Choice Of Banana, Blueberries, Strawberries, or Chocolate Chip.

Nut Filled Pancakes \$9.99

Buttermilk Pancakes Loaded with Mixed Nuts.

Banana Nut Pancakes \$9.99

Buttermilk Pancakes Loaded With Banana & Mixed Nuts.

French Toast \$6.99

Nutella French Toast \$9.99

Waffles \$6.99



THE LOX CORNER SERVED ON A FRESH BAGEL

Go-to Smoked Salmon & Cream Cheese \$9.99

Go-to Deluxe \$11.99

Smoked Salmon, Cream Cheese, Onions, Tomatoes & Capers.

Prime Time \$12.99

Smoked Salmon, Hard Boiled Egg, Veggie Cream Cheese, Onions & Everything Seeds.



OMELETTES

All Omelettes come with Home Fries

Sautéed Onions & Mushrooms Omelette \$8.99

Cheese Omelette \$8.99

Beef Bacon & Peppers Omelette \$11.99

Three Cheese Omelette \$8.99

**Western Omelette with Ham,
Peppers & Onions \$10.99**



BREAKFAST PLATTERS

Omelette + Bacon or Ham or Sausage \$10.99

Pancake + Bacon or Ham or Sausage \$8.99

**2 Eggs + Home Fries + Cheese + Bacon or Ham or
Sausage \$10.99 French Toast + Bacon or Ham or
Sausage \$8.99**